



# Rope Partner SPRAT Training

Thank you for choosing Rope Partner to provide Rope Access Training Program. We look forward to meeting you.

## Training Information

### What to Bring:

1. Government Issued Identification (Drivers License, Passport etc.)
2. Up-to-date SPRAT log book with supervisor signatures (Level II's & III's)
3. Rope access gear (We have gear for you to use if you prefer to leave your gear at home)
4. Comfortable long pants (That can take some abuse)
5. Closed-Toe Shoes
6. Form-fitting gloves suitable for rope access

### Course Schedule:

Training will start promptly at 8am daily. Decent to above-average coffee provided. Please show up a few minutes early to judge the quality of the coffee for yourself.

Monday – Wednesday: Theoretical and practical skills instruction and guided practice.

Thursday: The morning will begin with a practice written test. Afterwards we will teach any remaining new skills. The afternoon will be spent running through all new skills that might be tested in the evaluation.

Friday: SPRAT Evaluation (lunch provided by Rope Partner).

### Evaluation Details:

The Society of Professional Rope Access Technicians (SPRAT) qualifies evaluators who meet a rigorous set of professional qualifications. One of these independent evaluators will be brought in for the full-day evaluation.

At 8am, the evaluator will begin with a 40 question written test. Candidates must get 30 or more questions correct to pass. Studying the SPRAT Safe Practices document is the best preparation. It is optimal to have read this before beginning the course so that the four days of training can be used to explain and reinforce the information it contains.

After the written test has been completed, the instructor will walk the candidates through a verbal gear and job safety knowledge test. Typically each candidate will have to answer two-three questions in a group setting.

The rest of the day will be spent running through the rope access skills appropriate to the level of certification.



## **Lodging and Weather:**

### **Climate Considerations:**

The climate in Santa Cruz can vary from sunny and hot to cold and foggy all in one day, so we recommend that you bring layers. In summer in particular, it can be cold in the mornings and evenings and warm in the afternoons.

### **Accommodations:**

Both the Sunset Inn and the Mission Inn are within walking distance from our office and training center. We recommend the Mission Inn as a first choice as there are lots of rooms and it is close to good restaurants, supermarkets, and the training center. You are responsible for booking your own lodging.

The Hinds House is a historic Victorian building walking distance to downtown shops and restaurants. This is a nice option if you want to be in downtown and have transportation. It is a 15 minute drive to training center. There is a full communal kitchen for guests to use. It is basically a B&B without breakfast.

The UCSC Inn and Conference Center is another downtown location.

#### **Mission Inn**

2250 Mission St  
Santa Cruz, CA 95060-5222  
(831) 425-5455  
[www.mission-inn.com](http://www.mission-inn.com)

#### **Sunset Inn**

2424 Mission St  
Santa Cruz, CA 95060-5247  
(831) 423-7500  
[www.sunsetinnsantacruz.com/](http://www.sunsetinnsantacruz.com/)

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#### **University Inn & Conference Center**

611 Ocean Street  
Santa Cruz, CA 95060  
(831) 426-7100  
<http://www.ucscinn.com/>

#### **The Hinds House Extended Stay Lodging**

529 Chestnut St.  
Santa Cruz, CA 95060  
(831) 423-0423  
[www.hinds-house.com/](http://www.hinds-house.com/)

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#### **Santa Cruz / Monterey Bay KOA**

1186 San Andreas Road  
La Selva Beach, CA 95076  
(831) 722-0551  
[santacruz@koa.net](mailto:santacruz@koa.net)

#### **Santa Cruz North / Costanoa KOA**

2001 Rossi Road at Hwy 1  
Pescadero, CA 94060  
(650) 879-7302



## Training Location

Rope Partner Office and Training Facility:  
125 McPherson St  
Santa Cruz  
CA, 95060  
USA  
Phone: (831) 460-9448

[Get Directions from San Jose Airport on Google Maps](#)

## Places to Eat

Water, coffee and tea will be provided during the week of training, as will lunch on the day of the evaluation. Breakfast and lunch are up to the participant. Please see below for local food venue options!

- 'Westside' Restaurants:
- New Leaf Market (full grocery store, prepared foods, sandwiches, etc...) [www.newleaf.com](http://www.newleaf.com) Fair St.
- Sushi Totoro (Sushi) [www.sushitotoro.com](http://www.sushitotoro.com) Mission St.
- Thai Noodle House (Thai Food) Mission St.
- O'mei Express (Chinese Food) Mission St.
- La Cabana (Mexican Food) Mission St.
- Coffeetopia (coffee, pastries, bagels, etc...) [www.coffeetopia.com](http://www.coffeetopia.com) Mission St.
- Kelly's French Bakery (full breakfast and lunch) [www.kellysfrenchbakery.com](http://www.kellysfrenchbakery.com)
- Thai Orchid (Thai Food right next to Mission Inn) [www.thaisantacruz.com](http://www.thaisantacruz.com)
- Vasili's (Greek Food) [www.vasilisgreekrestaurant.com/](http://www.vasilisgreekrestaurant.com/)

## Gyms and Recreation

Pacific Edge (climbing gym, yoga, and gym) [www.pacificedgeclimbinggym.com](http://www.pacificedgeclimbinggym.com)

Studio 831 [www.santacruzstudio831.com](http://www.santacruzstudio831.com)

Santa Cruz State Parks [www.santacruzstateparks.org/parks/](http://www.santacruzstateparks.org/parks/)

Great local mountain biking trails: Wilder Ranch, UCSC trails, The Pogonip and Nisene Marks

## Local Entertainment

Santa Cruz Weekly [www.metrosantacruz.com/](http://www.metrosantacruz.com/)

Good Times [www.gtweekly.com/](http://www.gtweekly.com/)

The Beach